

MCCN NEWS

MISSION CITY COMMUNITY NETWORK-NONPROFIT COMMUNITY CLINIC

Covered CA Open Enrollment Ends

April 2014

Background

Covered California is a state-designed program to make it simple and affordable for you to purchase high-quality health insurance and access financial assistance to pay for coverage. You can shop online, over the phone or in person to find the right health care insurance option for you. Through Covered California, both individuals and small businesses can compare different health insurance plans. Covered CA began the enrollment process in October 2013 and enrollment ended on April 15.

Special Enrollment

You may still enroll for coverage if you have what is called a "qualifying life event" such as marriage, the birth of a child, etc. You can visit the Covered California website for more information. (www.coveredca.com)

MediCal Enrollment

Medi-Cal offers free or low-cost health coverage for California residents who meet eligibility requirements. Most individuals who apply through Covered California and enroll in Medi-Cal will receive services through managed care health plans, similar to the majority of the health coverage options available through Covered California

MCCN Certified Enrollment Counselors (CEC)

Providing opportunities for the community to get coverage during the ACA enrollment period, MCCN had our own **Certified Enrollment Counselors** available to enroll people at our clinic locations and at various locations within the community including grocery stores, libraries and churches.

Starting out with only six CECs to cover all of our clinic locations and community locations, MCCN eventually increased the number of trained enrollment specialists to 13. Here's what one of the counselors had to say:

"During the enrollment period we grew closer as a team and also with our community. In the short amount of time we were able to successfully enroll over a hundred people. With the acquired skills developed during this first enrollment period we will be able to continue and assist individuals and families in the future."

Thanks to all of the MCCN Certified Enrollment Counselors!

Record-breaking numbers for the first ACA open-enrollment period for California



More than 3 Million Californians Get Coverage

Nik Gupta President & CEO



Nik Gupta, MCCN President, receives recognition for the clinic from Covered California Executive Peter Lee at a special appreciation reception hosted by Congressman Tony Cárdenas at Valley Presbyterian Hospital.



State Assemblymember Raul Bocanegra, Nik Gupta, Executive Director for Covered California, Peter V. Lee, and Congressman Tony Cárdenas.

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Advancing Mobile Healthcare to serve the community



Many experts believe a key solution for advancing access to healthcare on a continuing basis is the addition of mobile units. MCCN is committed to bringing mobile medical and dental clinics to underserved communities.

MCCN continues to expand its mobile clinic services with grants received through the Affordable Care Act. These mobile units will be covering communities in the San Fernando Valley and throughout Los Angeles County.

HIPPA Training North Hills



MCCN staff members and providers receive annual HIPPA training provided by a representative from LA Care Health Plan.

NATIONAL MINORITY HEALTH MONTH

April is devoted to strategies to reduce the health disparities that exist in minority communities according to the Center for Disease Control.

The theme this year is **“Prevention is Power: Taking Action for Health Equity.”** Despite some recent progress in addressing health disparities, great challenges remain. Minorities are far more likely to suffer from chronic conditions, many of which are preventable. This is a particularly troubling statistic, because chronic diseases account for seven of the ten leading causes of death in our nation.

<http://www.cdc.gov/minorityhealth/MHMonth.html>



MCCN staff members receive training on updated forms/procedures for the **Child Health and Disability Program (CHDP)**. This is a preventive program that delivers periodic health assessments and services to low income children and youth in California. CHDP provides care coordination to assist families with medical appointment scheduling, transportation, and access to diagnostic and treatment services.

Please Welcome!

Virginia Ingram
Human Resources Manager



Virginia joins MCCN as the Human Resources Manager located at the Northridge site. She has nearly 25 years of experience in the health care field holding executive level positions in human resources and employee relations during her professional career. Her most recent position was Director, Human Resources at the largest acute care hospital in the central San Fernando Valley.

Virginia looks forward to supporting the mission of MCCN to provide excellent patient care to those most in need.

Welcome new MCCN staff



Diana Lopez, MA



Maria Quijano
Accounting Clerk



Martin Alvarez
Janitor



Sandra Aguirre, MA



Maria Ochoa, MA



Gregorio DeGrano,
Family Nurse
Practitioner

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Main Clinic Renovations



MCCN has had renovations going on at the corporate site in North Hills for the past few months. There were major redesigns including the onsite pharmacy and administration area. Just about every space in the building received an upgrade of some type, including new paint, flooring, counters, equipment etc. The result is a beautiful bright space for patients!

Please Welcome!

Kimberly Evans

Area Manager
Inglewood/Hollywood



Please Welcome!

Danielle Chaney

Front Office
Supervisor/Office Manager
North Hills/Parthenia



Please Welcome! DENTAL HEALTH

Dr. John Rastegar, MD

Family Practice



Dr. Erica Denley, DDS (middle) talks with BIH staff **Marlene Rowlett** and **Lynn Richardson** about the importance of dental care during pregnancy and for infants and children. The MCCN-Black Infant Health Program encourages clients to seek regular dental care and checkups.

Call 818-895-3100

Mission City Community Network, Inc. (MCCN) is a nonprofit community health clinic that has been providing medical, dental, outreach services, health education and mental health services to the community for over 20 years. For more information about clinic locations and services, please give us a call.

The Dental Program provides low-cost dental services and treatment for adults and children. We offer our patients the highest level of quality dental care by offering a full range of preventive, restorative and aesthetic services. Contact our main clinic in North Hills for information. Dental services are coming to the MCCN Northridge clinic location very soon!

Welcome new MCCN Staff



Vrej Nashalian, MA



Erika Axpeitia
Medi-Cal Liaison



Hector Isaac
Medical Records Clerk



Elma Babayans
Family Nurse Practitioner

Top 10 Health Issues in the US

According to the Mayo Clinic, here is a list of the top 10 health concerns for both men and women:

- Heart Disease:** kills more than all forms of cancer
- Cancer:** lung cancer is the deadliest form
- Stroke:** lifestyle changes can reduce your risk
- Respiratory Disease:** quit smoking to prevent COPD
- Injuries:** motor vehicle accidents prime factor
- Diabetes:** lose weight, healthy diet recommended
- Alzheimer's disease:** 5th cause of death for women
- Influenza & Pneumonia:** flu vaccination may help
- Kidney Disease:** 9th cause of death for men & women
- Septicemia:** 10th leading cause of death for women